Implementation of IDDSI:
Nuts and Bolts at a Regional Hospital

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Fall ISHA Convention
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Disclosures

- Immediate Past President of ISHA
- No financial disclosures

Where do I start?

ASHA 2017

Implementation Framework

ASHA 2017

Implementation Framework

November-December 2017

- Discussed with SLP team
- Point person for SLP team Identified
- Notified Rehab Manager of upcoming changes

December 2017

- Spoke with Lead Dietician
  - Delay until new hire January 2018
  - Plan: Implement early August 2018

EXPECT DELAYS

January 2018

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2 months later….

- Computer system was almost completely back to normal
- Kitchen was able to take orders and process online again
- Newly hired floor staff were made aware that changes were "afoot" from January to October in bi-weekly new orientation conducted by SLP

April- May 2018

- Meeting held with RD's, Head Chef, Director of food service and kitchen supervisors
- Discussed diet changes, educated using IDDSI website resources
- RD's requested 3 weeks to review menus and check with food suppliers

May- June 2018

- SLP team received menus and reviewed
- Requested to test food items
  - Food line requested, politely declined but kitchen met all food requests
  - Solids and liquids tested with 1-3 other SLPs for inter-rater reliability

July-August

Feedback given to Kitchen Services, Chef and Lead RD regarding mapping onto IDDSI

** We found it surprisingly easy to map current diet onto IDDSI. We already had a "slick diet" due to high proportion of people with esophageal dysphagia which fit nicely into "minced and moist diet."

August-September 2018

- Identified how to modify current menu for each diet phase
- Discussed feasibility of modifications logistically for kitchen
- Discovered opportunities to add fish food option to the menu for diet level 5 "minced and moist."

August-September 2018

- Start date moved to October 1 (due to 2 months of computer issues in January)
- Built CBL to educate nursing staff in collaboration with education department
- Brief education to MD's and NP's to notify of diet changes, provided a "cheat sheet" of new terms to provide a frame of reference to the old terms that are being discontinued

September 2018

- Emails with the diet change information sent to MD's, NP's and nursing staff
- Director of Hospitalists presented information in monthly staff meeting (SLP would have rather presented the information but it was not possible)
- CBL completed and sent out to nursing staff complete with test questions

September 2018

- SLP collaborated with IT:
  - To change diet orders
  - Update SLP Clinical evaluation and VFSS forms as well as treatment notes to the appropriate nomenclature
  - Add IDDSI-FDS scale to the forms

September 2018

- Lead RD began changing items in C-Board which is a computer interface program that nutritional services use to help process orders
- SLP and Lead RD held meetings to coordinate as smooth a transition as possible

September 2018

- SLP collaborated with Director of Food Service/ Chef to in-service all food service workers about diet changes

KEEP CALM NO BANANAS HERE!

October 1, 2018

- D-DAY!!! "Delay Day"

October 7, 2018

- New "Go-live" date with diet changes
- Per education office request

Resources

- www. IDDSI.org