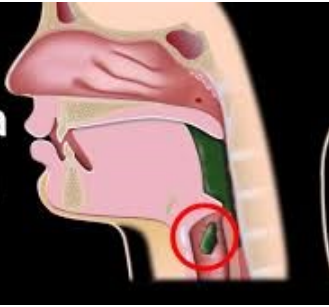


# Dysphagia (Swallowing Disorders)



## ABOUT THE SPEAKERS

### LUIS RIQUELME, PhD, CCC-SLP, BCS-S

Dr. Luis Riquelme is currently an Associate Professor, Speech-Language Pathology, New York Medical College; and Director, Center for Swallowing & Speech-Language Pathology, New York-Presbyterian Brooklyn Methodist Hospital. He completed his Ph.D. at The Graduate Center, CUNY.

Dr. Riquelme's research has focused on changes in swallow physiology in the presence of swallowing pills, as well as pathophysiological changes of swallow in persons with dementia. He also writes and presents about the impact of culture on our work.

### LYDIA HITTLE, MA, CCC-SLP

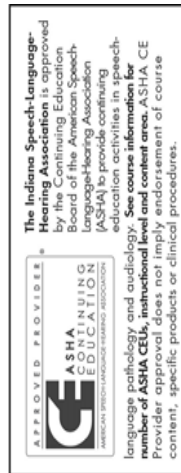
Lydia Hittle is the coordinator for the Heartburn and Swallowing Disorders Center at Hancock Regional Hospital. She is trained to administer and edit esophageal manometry and 24 hour reflux studies in addition to traditional dysphagia evaluations and treatment. She also provides inpatient and outpatient speech-language, cognitive and voice therapy. Additionally, She has served ISHA on the Executive Council for the last six years. She is the Immediate Past - President of ISHA.



p: 317-916-4146  
f: 317-481-1825  
www.islha.org



**ISHA 2018 Fall Conference  
Saturday, October 6th**



**This course is offered for 0.6 ASHA CEUs  
Intermediate Level; Professional area.**



**ISHA 2018 Fall Conference  
Saturday, October 6th**

***Changing Clinical Paradigms:  
Moving Toward Better  
Evidence in Dysphagia  
Practice***

**Luis F. Riquelme  
PhD, CCC-SLP, BCS-S**

**Lydia Hittle  
MA, CCC-SLP**

## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Will you be applying for ASHA CEUs? \_\_\_\_\_

Early Bird Deadline is **September 22, 2018**

	<b>Early Bird</b>	<b>On or After 9/23/18</b>
ISHA Member	\$75	\$90
ISHA Student	\$20	\$35
Non-Member	\$125	\$145
Student NM	\$30	\$40

Payment Type:  Check (payable to ISHA)  
 Credit Card

Amount of Payment: \$ \_\_\_\_\_

Credit Card Information:  
Name on card: \_\_\_\_\_

Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Billing Zip Code: \_\_\_\_\_

Signature: \_\_\_\_\_

Return to: :  
ISHA Central Office – Fall Conference 2018  
2346 South Lynhurst Drive, Suite D101  
Indianapolis, IN 46241  
Register online at [isla.org](http://isla.org)

## SCHEDULE

Saturday, October 6, 2018

7:30 - 8:00 am	Registration Coffee & Juice available
8:00 - 10:15 am	Welcome: Joey Box Session: Swallow physiology: Clinical practice connections Break
10:15 - 10:30 am	Session: Swallow physiology: Changes in dementia
10:30 - 11:00 am	Swallow physiology: How we swallow pills
11:00 - 11:30 am	<b>Lunch (on your own)</b> Session: IDDSI: Understanding the Basics
11:30 am - 1:00 pm	IDDSI Laboratory: Flow Testing, Fork Testing Break
1:00 - 2:00 pm	Session: IDDSI Implementation: Lessons Learned Q&A CE Administration
2:00 - 2:30 pm	
2:30 - 2:45 pm	
2:45 - 4:00 pm	

## ABOUT THE LOCATION

**Indiana Wesleyan University North Campus**  
3777 Priority Way S Dr, Indianapolis, IN 46240

Detailed driving directions can be found on the ISHA website along with a list of local area restaurants. A confirmation registration e-mail will be sent out to all attendees prior to the event with additional conference information and links to online handouts.

## QUESTIONS?

Call ISHA Central Office at **317-916-4146** or  
email [stephanie@centraloffice1.com](mailto:stephanie@centraloffice1.com).



## SESSION INFORMATION

### **Swallow Physiology Connections**

Understanding swallow physiology goes beyond just knowing nerves and muscles, it impacts how we see a person's swallow and the decisions that follow. Lingual movement, airway protection and bolus clearance are just a few physiologically-based behaviors we interpret and make clinical decisions with. This impacts our patients and their quality of life (QOL). The evidence available on these behaviors must guide our interpretation. This session will focus on such physiologically-based decision-making, as well as present data on changes in persons with dementia and changes when in the presence of a pill. The general aim of the presentation will be clinical.

### **IDDSI Framework in Practice**

The International Dysphagia Diet Standardisation Initiative (IDDSI) framework was released in December 2015 to overwhelming international support, including a joint announcement in January 2017 from ASHA and the American Academy of Nutrition and Dietetics. Implementation is underway in many parts of the world. This practical session will provide an interactive opportunity to learn more about the development and evidence behind the framework and to use the IDDSI food and drink testing methods in practice. In addition, lessons learned on the implementation process will be shared by two speakers. The IDDSI Functional Diet Scale will also be presented.

### **The Nuts and Bolts of IDDSI Implementation at a Regional Hospital**

This is an explanation and Q+A session for implementation of IDDSI at a regional hospital in accordance with new changes globally in 2019.

### **Total CEUs Available 0.6**

Learn more about speaker disclosure information and learning objectives by following this link:

<http://www.islha.org/page-1833386>